## Sizing Guide

For Use With<br>\section*{AirFit F30}




## How to Use:

1. Find a ruler and a mirror.
2. Face the mirror and put the ruler horizontal to your face.
3. Measure from outer nostril to outer nostril.
4. Consult our size guide below.

Results will vary and this sizing guide will NOT guarantee the most optimal fit with the mask.

## Size Guide:

| Small: | $0-1.5$ Inches | $0-3.8 \mathrm{~cm}$ |
| :--- | :--- | :--- |
| Medium: | $1.5-2$ Inches | $3.8-4.5 \mathrm{~cm}$ |

Note: We find these measurments work with about 80\% of our clients. Head shape, nose shape and nose density is also a factor. In person fitment is always recommended.

