

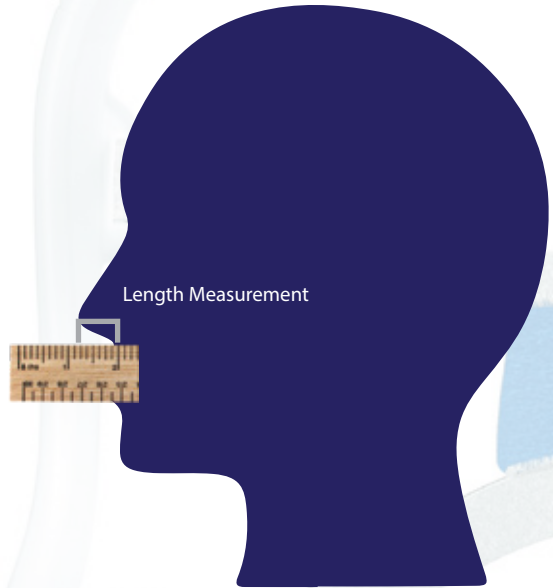
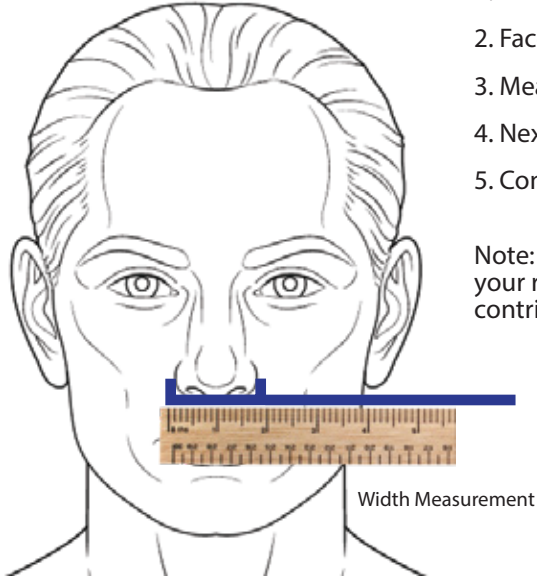
# Sizing Guide

For Use With  
AirFit F30i

## How to Use:

1. Find a ruler and a mirror
2. Face the mirror and put the ruler horizontal to your face.
3. Measure from outer nostril to outer nostril. Note your width measurement.
4. Next, measure from the base of your nose, to the tip. Note your length measurement.
5. Consult sizing guide below.

Note: For step 4, do not compress the upper lip. Gently place the edge of your ruler on the skin. Do not press down as this will contribute to an inaccurate measurement.



## Size Guide:

	Width Measurement		Length Measurement	
<b>Small:</b>	0 - 1.5 Inches	0 - 3.8 cm	0 - 0.75 inches	0 - 1.9 cm
<b>Medium:</b>	1.5 - 1.75 Inches	3.8 - 4.5 cm	0.75 - 1.25 inches	1.9 - 4.5 cm
<b>Small Wide:</b>	1.75 - 2.00 Inches	4.5 - 5 cm	0 - 0.75 inches	0 - 1.9 cm
<b>Wide:</b>	2.00 + Inches	5 + cm	0.75 - 1.25 inches	1.9 - 3.2 cm

**Note:** We find these measurements work with about 80% of our clients. Head shape, nose shape and nose density is also a factor. In person fitment is always recommended.