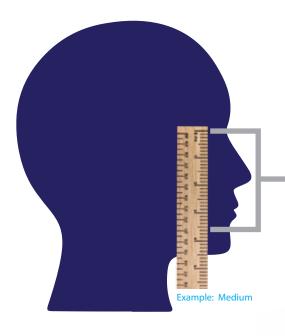




How to Use:

- 1. Find a ruler and a mirror
- 2. Face the mirror and put the ruler perpendicular to your face.
- 3. Measure from the brow indent to the indent below the lower lip
- 4. Consult our size guide below.

Results will vary and this sizing guide will NOT guarantee the most optimal fit with the mask.



Size Guide:

 Small:
 3.0 - 3.5 Inches
 7.5 - 8.9 cm

 Medium:
 3.5 - 4.0 Inches
 8.9 - 10 cm

 Large:
 4.0 + Inches
 10.0 + cm

Note: We find these measurments work with about 80% of our clients. Head shape, nose shape and nose density is also a factor. In person fitment is always recommended.



